

## Inspire boys through running, and they'll inspire you.

### Let Me Run Coaches needed at \_\_\_\_\_

Let Me Run is much more than a running program for boys. Our trained coaches combine exercise with fun activities and lessons to help boys learn teamwork, build relationship skills, create friendships, grow emotionally, amplify their self-esteem, empower themselves and others, and live an active lifestyle. We nurture and celebrate every aspect of what it really means to be a boy and we let them run.

Let Me Run Coaches:

- Teach elementary or middle school boys
- Coach 2 days per week for about an hour for 7 weeks after school
- Help boys train for an end-of-season 5k race
- Attend free Coaches Training and get certified for 2 years
- Bring Let Me Run to your school or get matched with a school in need

#### Get more information and register at LetMeRun.org/coaches

*Questions?* Feel free to contact:





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