**SCHOOL ANNOUNCEMENT**

INSTRUCTIONS: Copy and paste the text and logo below into your school’s announcement. Make sure to update the items in red. If you need the logo in a different format for your publication, please email maddys@letmerun.org

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Let Me Run is a nonprofit wellness program that inspires boys to be themselves, be active, and belong. With a comprehensive curriculum that applies the power of running, the program encourages boys to develop their psychological, emotional and social health, in addition to their physical health. Twice a week for seven weeks, two trained volunteer coaches lead an elementary or middle school team through practice. Designed to amplify confidence, self-expression, and respect for others, each practice includes a lesson from the Let Me Run curriculum that incorporates running, games and activities. Each fall and spring season culminates in a 5k race festival that celebrates the boys’ personal growth.

Registration at [school] is now open for grades [grade levels]! [Fall] season starts on [date], meets [Mondays and Wednesdays after school] for an hour and fifteen minutes, and ends with a 5k race on [date]. [Watch this video](https://vimeo.com/166804842) to learn more and register at [LetMeRun.org](http://www.letmerun.org/). Questions? Email [contact].